

# MEDLI E-News

*Fall/Winter 2012 Issue 8*

## News from the Medical & Scientific Libraries of Long Island

### President's Message

Dear Members,

The holidays are approaching and so is the new year! It's a good time to reflect on our past and look to our future. MEDLI has been a small organization of health sciences librarians, offering continuing education, professional development, and networking opportunities. As we look ahead, we can expect to continue offering these opportunities and also work to add new services.

The Fall program, which was hosted at Farmingdale Public Library, was a great success! I would like to thank LILRC for making this possible by co-sponsoring the program with MEDLI. The speaker, Julie Salamone, was great and a few members were able to discuss their points of view and related experiences based on her presentation.

I would also like to thank Christina Rivera for promoting the MEDLI Fall program to NCLA and SCLA members. A raffle was drawn for a one-year free membership for non-members who had registered for this program. Our winner was Susan Santa, Health Reference Librarian at Syosset Public Library.

In planning MEDLI's 50th anniversary, a survey was sent to the members. Recommendations are reflected in the business meeting minutes. Please review the minutes, which are posted on the MEDLI website. You may continue sending your suggestions to the Committee Chair, Gerri Flanzraich.

Again, with looking to the future, there are some projects that are worth exploring. Planning for a few online lunch & learn webinars to draw members together more often is just one idea. This will enable everyone to participate either as presenter or learner. The goal is to create an opportunity for discussion and networking on a topic of your interest. Colleen Kenefick, Vice President-elect and I, have gathered and tallied your online survey responses, which can be found on page 8.

I feel honored to serve as your President. Thank you for giving me this opportunity.

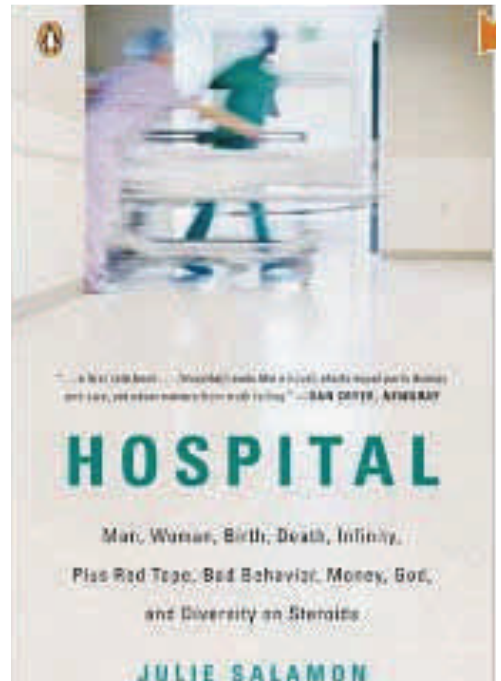
I wish you all happy holidays and a healthy New Year!

*Mahnaz Tehrani*

**MEDLI President 2011-2012**

## 2011 Fall MEDLI Meeting

November 7, 2011 | *Hospital* Author Julie Salamon



**November 7, 2011**—MEDLI members gathered for the Fall Meeting at the Farmingdale Public Library with guest speaker Julie Salamon, author of *Hospital: Man, Woman, Birth, Death, Infinity, Plus Red Tape, Bad Behavior, Money, God, and Diversity on Steroids*.

Julie Salamon shared with attendees an overview of the year she spent at Maimonides Hospital in Brooklyn, New York, tracking the progress of the center and getting to know the characters who make the hospital run. She shared with us stories on how she followed the doctors, patients, administrators, nurses, ambulance drivers, cooks, and cleaning staff and explored not just the action on the ground—what happens between doctors and patients—but also the financial, ethical, technological, sociological, and cultural matters that the hospital community encounters every day.

Special thanks to the Farmingdale Public Library for hosting this event, to attendees for the engaging questions, and to guest speaker Julie Salamon.

# MEDLI 50th Anniversary

## Submit your suggestions today!



- Would you prefer a luncheon or a dinner (after work hours)?
- Would you prefer that the celebration take place this coming spring 2012 or next fall 2012?
- Can you suggest a restaurant that the committee can investigate that might host the event?
- If the event is a lunch, what is the limit you are willing to spend?
- If the event is a dinner, what is the limit you are willing to spend?
- Let us know if you are willing to help update the history of MEDLI and/or join our subcommittee and/or contribute any other items that would be relevant.
- Please send us the names of past MEDLI members, who you think might like to attend the event even if they are not currently members.

Kindly send you responses to the questions listed above to Gerri Flanzraich, [gflanzra@nyit.edu](mailto:gflanzra@nyit.edu). The committee will keep you posted as plans develop.

**Committee Members:**

Gerri Flanzraich, Jeanne Strausman, Mahnaz Tehrani, Mary Lou Glazer, Mary Westermann

# MEDLI Seen n' Heard

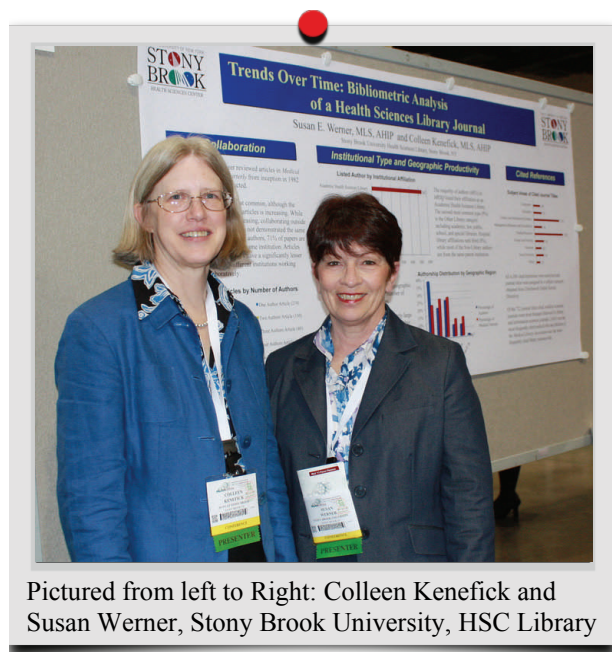
## 2011-2012 MEDLI Election Results

Colleen Kenefick, the Vice President of MEDLI for 2011-2012, began her professional career at the Harley E. French Library of the Health Sciences at the University of North Dakota in Grand Forks. After three years as a reference librarian at Emma S. Clark Library in Setauket, she moved to the Health Sciences Library at Stony Brook University in 1985.

Colleen has been the co-editor or editor of three books, in nursing and in allied health. She has also published 16 peer-reviewed articles, in addition to conference proceedings and professional association publications.

She has successfully written 10 grant awards from 1987–2007. Among the granting agencies are the SUNY Faculty Access to Computing Technology (FACT) Advisory Council, National Network of Libraries of Medicine Middle Atlantic Region, the NY/NJ Chapter of the Medical Library Association, and State of New York/United University Professions.

She is a Distinguished Member in the Academy of Health Information Professionals (AHIP), and a 2009-2010 recipient of the SUNY Chancellor's Award for Excellence in Librarianship. Almost finished with the Advanced Graduate Certificate Program in Educational Computing, she plans on continuing for the Master of Arts in Liberal Studies, both offered by Stony Brook University.



Pictured from left to right: Colleen Kenefick and Susan Werner, Stony Brook University, HSC Library



Pictured above: Melissa Spangenberg, Winthrop-University Hospital

## MEDLI New Member Spotlight

Winthrop-University Hospital's Hollis Health Science Library recently welcomed a new Electronic Resources Librarian, Melissa Spangenberg. Melissa previously held positions at Eastern International College, Hudson County Community College, the Lee Strasberg Theatre and Film Institute, and Wayne State University. A graduate of the Japan Exchange and Teaching Programme (2000-2003), Melissa received a BA from Alma College (Alma, MI) and an MLIS from Wayne State University (Detroit, MI).

A native Michigander, Melissa moved to New York in 2006 to work with the H. W. Wilson Company (now owned by ProQuest). When not pouring over PHP manuals, Melissa is an avid board gamer and a pursuer of trivia.

## In the News

From the National Library of Medicine

# History and High-Tech Intersect as NLM Releases “Turning the Pages” App for iPad

*Users Can Virtually Flip through Medical Masterpieces from Past Centuries*

The National Library of Medicine, the world's largest medical library and a component of the National Institutes of Health, announces the release of a new Turning the Pages app for the iPad: <http://itunes.apple.com/us/app/turning-the-pages-ttp/id423830194?mt=8>. The application is free and features selections from three rare books from the Library's collection. All three books first appeared on NLM's [Turning the Pages](#) kiosks and Web site over the past three years. The new app allows iPad users to have an up-close virtual experience with these rare treasures. These classics are annotated by experts in their fields, who put the books and images into context.

One of the featured works is a 19<sup>th</sup> century Japanese surgical manuscript by noted physician Hanaoka Seishu, the first surgeon to use anesthesia in an operation. Another book included in the app is Hieronymus Brunschwig's *De Arte Distillandi*, printed in Strasbourg in 1512. The work contains numerous hand-colored woodcuts showing physicians, alchemists, and their laboratories in Early Modern Europe. The third book, an early Persian manuscript by medieval natural historian al-Qazwini entitled *The Cosmography*, includes colorful hand-drawn illustrations of zodiac constellations, animals, and plants from the Islamic world of the period. Robert Hooke's *Micrographia*, is one of the newly added books.



Launched at NLM in 2001, Turning the Pages is part of a continuing collaboration between the Lister Hill National Center for Biomedical Communications and the History of Medicine Division.

More information is available online at: [http://www.nlm.nih.gov/news/app\\_turn\\_pages.html](http://www.nlm.nih.gov/news/app_turn_pages.html).

**Circulating**  
**Ideas** the librarian  
interview podcast

**Website Worth-A-Look** ★★★★★

Circulating Ideas (<http://www.circulatingideas.com>) is a librarian interview podcast hosted by Steve Thomas. Interviewees include Sarah Houghton, author of the award-winning LibrarianInBlack.net and many others.

## You're Never Too Old Keep Active as You Age

We've all heard that exercise is good for you. Did you know that it's as true for older people as it is for younger? You're never too old to get moving, get stronger, and improve your health.

Fitting exercise and physical activity into your day can enhance your life in so many ways. Regular physical activity can improve your balance and boost or maintain your strength and fitness. It may also improve your mood and help you manage or lessen the impact of conditions such as diabetes, heart disease, osteoporosis, and depression.

Despite these proven benefits, exercise and physical activity rates among older people are surprisingly low. Only about 30% of people ages 45 to 64 say they engage in regular leisure-time physical activity. This falls to 25% of those between the ages of 65 and 74 and 11% of people age 85 and older.

Experts recommend 4 types of exercise for older adults: endurance, balance, strength, and flexibility. Brisk walking, dancing, and other endurance exercises improve the health of your heart, lungs, and circulatory system. These exercises can make it easier for you to mow the lawn, climb stairs, and do other daily activities. Strength exercises include lifting weights or using resistance bands. They can increase muscle strength to help with activities such as carrying groceries or lifting grandchildren. Balance exercises can help prevent falls, a major health risk for older adults. Stretching or flexibility exercises can give you more freedom of movement for bending to tie your shoes or for looking over your shoulder as you back out of the driveway.

"Even if you haven't been active previously, it's important to get started and stay active," says Dr. Richard J. Hodes, director of NIH's National Institute on Aging. "We know that people want to live independently for as long as they possibly can. By exercising regularly and including more physical activity in their daily routine, older people can preserve their physical function, which is key to doing the everyday things they want to do."

To help you get started and keep moving, NIH brought together some of the nation's leading experts on aging, exercise, and motivation. They developed a guide to exercise for older adults. The guide, *Go4Life*, serves as the basis for a new national exercise and physical activity campaign for people ages 50 and older.

"Older adults can exercise safely, even those who have physical limitations," Hodes says. "*Go4Life* is based on studies showing the benefits of exercise and physical activity for older people, including those with chronic health conditions."

*Go4Life* exercises are designed to be done safely at home without special equipment or clothing. The free book *Exercise & Physical Activity: Your Everyday Guide from the National Institute on Aging* (<http://go4life.niapublications.org/exercise-guide-video>) is the core resource for the campaign. Other free materials, such as an exercise DVD and tip sheets, are also available. *Workout to Go* (<http://www.nia.nih.gov/HealthInformation/Publications/workout.htm>), a sample exercise guide, shows you how you can be active anytime, anywhere.

To learn more, visit the *Go4Life* website at: <http://go4life.niapublications.org/>.

Source: NIH News in Health, December 2011

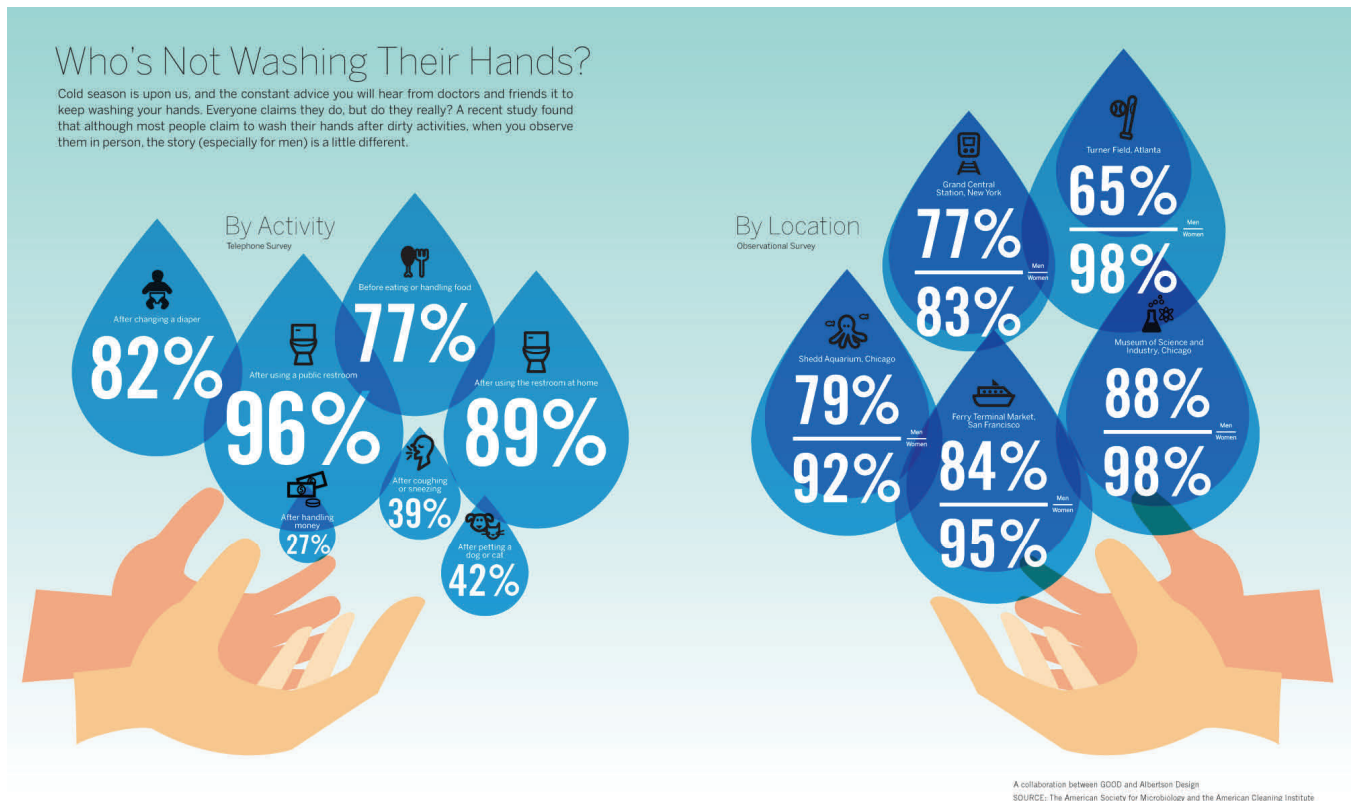
## Substance Abuse Bibliography Compiled by the SCLA Health Concerns Committee

The bibliography on Substance Abuse, compiled by the Health Concerns Committee of the Reference and Adult Services Division of the Suffolk County Library Association is now available online at: <http://scla.net/rasd/bibliographies/2011/2011-substance-abuse.pdf>. It is designed to act as a reference tool and a collection development guide, and presents an annotated, selective list of items in this subject area suitable for purchase by public and academic libraries. Most of the materials have publication dates within the past three years. All titles were selected by the committee. An attempt was made to cover all types of materials, including periodicals, adult and young adult books, databases, films, organizations, Internet sites, and hotlines.

# Infographics for Data Visualization

## Resources to Get Started

Infographics...What's that? Information graphics or infographics are graphic visual representations of information, data, or knowledge. These graphics present complex information quickly and clearly, such as in signs, maps, journalism, technical writing, and education.[1]



Take a look at the infographic above from The American Society for Microbiology and the American Cleaning Institute. Chances are, you've seen an infographic, whether online or in a print publication. Here are some tools to get you started with creating your own infographics:

**Google Public Data** (<http://www.google.com/publicdata>)

Google Public Data allows users to easily take public data and transform it into an infographic. These beautiful, colorful graphics simplify and communicate the data perfectly.

**Many Eyes: IBM** (<http://www-958.ibm.com/software/data/cognos/manyeyes/>)

Allows users to upload their own data or use data already stored on the site. The visualizations themselves are well-designed and very professional looking.

Do you want to learn more about infographics? Then be sure to check out Visual.ly (<http://visual.ly>), which is building a service that will allow people to create custom infographics using information from various databases and APIs. The service will be automated, meaning that users need only specify the kind of information they want to visually display to produce an infographic. Curious about how it works? If you have a Twitter account, you can test out their Twitter Visualization Project (<http://visual.ly/twitter>) or view examples from their showcase of infographics covering a variety of topics including health (<http://visual.ly/category/health>) and science (<http://visual.ly/category/science>).

References: [1] Wikipedia entry "Information Graphics": <http://en.wikipedia.org/wiki/Infographic>.

# MEDLI Journal Club

## Member Survey Results

The results of our journal club survey indicate that the majority of MEDLI members are interested in conducting an online journal club and a few members are willing to coordinate the discussions. The majority of our members are comfortable enough with technology that they do not anticipate technical difficulties with online participation. Requirements for CE activities would have to be obtained from MLA.

Suggested journal titles included the *Journal of the Medical Library Association*, *The New England Journal of Medicine*, *The Journal of the American Medical Association*, *Annals of Internal Medicine*, *Health Information Libraries Journal*, *The Journal of Hospital Librarianship*, and *Medical Reference Quarterly*.

QUESTION	YES	NO	SKIPPED	YES RESPONSE %	NO RESPONSE %	ANSWERED Q
Would you participate in an online journal club?	19	2	0	90.5%	9.5%	21
Would you participate in a face to face journal club?	14	6	1	70.0%	30.0%	20
Would you be willing to coordinate and present the journal club?	6	15	1	30.0%	75.0%	21
Does knowing that participating in a journal club can be used for AHIP certification make this an attractive continuing education activity?	13	7	1	65.0%	35.0%	20

QUESTION	MONTHLY	BIMONTHLY	QUARTERLY	ANSWERED Q
How often do you think this could be done?	2	7	10	19

## A Quick Look at Digitizing Medicine The Medical Heritage Library (MHL)

The Medical Heritage Library (MHL) is a digital curation collaborative among some of the world's leading medical libraries. The collection resides at the Internet Archive (<http://www.archive.org/details/medicalheritagelibrary>).

The MHL promotes free and open access to quality historical resources in medicine. The goal is to provide the means by which readers and scholars across a multitude of disciplines can examine the interrelated nature of medicine and society, both to inform contemporary medicine and to strengthen understanding of the world in which we live.



From Mrs. H.R. Haweis' *The Art of Beauty* (1883).

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Visit MEDLI on the web @  
[www.medli.net](http://www.medli.net)

*Happy New Year!*

## MEDLI Officers 2011-2012

### President

Mahnaz Tehrani  
[mtehrani@nyit.edu](mailto:mtehrani@nyit.edu)

### Vice President/President Elect

Colleen Kenefick  
[ckenefick@notes.cc.sunysb.edu](mailto:ckenefick@notes.cc.sunysb.edu)

### Secretary

Curtis Carson  
[ccarson@ehs.org](mailto:ccarson@ehs.org)

### Treasurer

Gerri Flanzraich  
[gflanzra@nyit.edu](mailto:gflanzra@nyit.edu)

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Editor: Christina Rivera  
Copy Editor: Barbara Elish